

$$\begin{aligned}
y &= \frac{\cos x}{2 + \sin x} \Rightarrow y' = \frac{(2 + \sin x)(-\sin x) - \cos x \cos x}{(2 + \sin x)^2} \\
&= \frac{-2 \sin x - \sin^2 x - \cos^2 x}{(2 + \sin x)^2} = \frac{-2 \sin x - 1}{(2 + \sin x)^2} = 0 \\
\text{when } -2 \sin x - 1 &= 0 \Leftrightarrow \sin x = -\frac{1}{2} \Leftrightarrow x = \frac{11\pi}{6} + 2\pi n \text{ or} \\
x &= \frac{7\pi}{6} + 2\pi n, n \text{ an integer. So } y = \frac{1}{\sqrt{3}} \text{ or } y = -\frac{1}{\sqrt{3}} \text{ and the points on the} \\
\text{curve with horizontal tangents are: } &\left(\frac{11\pi}{6} + 2\pi n, \frac{1}{\sqrt{3}}\right), \left(\frac{7\pi}{6} + 2\pi n, -\frac{1}{\sqrt{3}}\right), \\
n \text{ an integer.}
\end{aligned}$$