## Free Fall - Concepts

## DISCUSSION OF PRINCIPLES

The first part of this document derives the equations necessary for the lab from the definitions of average velocity and average acceleration in the manner of PY205N. Following this is a section that derives the same equations from the momentum principle in the manner of 205 M .

## Derivation Using Average Velocity and Acceleration - PY205N

This discussion relates to the motion of an object under the influence of a uniform acceleration (such as being in free fall under the influence of gravity). In the following derivations, downward is treated as the positive $y$-direction, but this is simply a convention. Either direction could be positive so long as all upward-pointing vectors have the opposite sign of the downward-pointing ones (in other words, just be consistent).

## Average Velocity and Average Acceleration

Consider an object at position $y_{1}$ at some initial time, $t_{1}$. At a later time, $t_{2}$, the object is at location $y_{2}$. The average velocity $\bar{v}_{12}$ for this object as it travels between these two points will be

$$
\begin{equation*}
\bar{v}_{12}=\frac{\left(y_{2}-y_{1}\right)}{\left(t_{2}-t_{1}\right)} . \tag{1}
\end{equation*}
$$

Similarly, the average velocity $\bar{v}_{23}$ during the next time interval (that is, between the instants $t_{2}$ and $t_{3}$ ) is

$$
\begin{equation*}
\bar{v}_{23}=\frac{\left(y_{3}-y_{2}\right)}{\left(t_{3}-t_{2}\right)} . \tag{2}
\end{equation*}
$$

If the acceleration is uniform or constant, the instantaneous velocity at exactly the midpoint of the time interval is the average velocity. Even if the acceleration were not uniform, this would be a close approximation if the interval of time were short. So $\bar{v}_{23}$ would occur at the midpoint of the time interval given by

$$
\begin{equation*}
t_{23}=\frac{\left(t_{3}+t_{2}\right)}{2} \tag{3}
\end{equation*}
$$

With these two average velocities and times, we can calculate an average acceleration $\bar{a}$ as

$$
\begin{equation*}
\bar{a}=\frac{\Delta v}{\Delta t}=\frac{\left(\bar{v}_{23}-\bar{v}_{12}\right)}{\left(t_{23}-t_{12}\right)} \tag{4}
\end{equation*}
$$

where $\Delta v$ and $\Delta t$ denote the change in velocity and time, respectively.

## Motion Graphs

For an object moving with constant velocity, a plot of distance versus time would be a straight line with a constant slope like the graph in Figure 1a below. Since distance is plotted on the vertical axis and time is plotted on the horizontal axis, the slope is $\frac{\Delta \text { (Distance) }}{\Delta \text { (Time) }}$ or the average velocity. Here the average velocity is the same as the instantaneous velocity at any given time.


Figure 1: Plots of distance versus time

Figure 1b shows a plot of position versus time for an object moving with increasing velocity. Here we can draw a graph where we connect the points with the solid lines indicated by the red lines in Figure 1b. If we were to measure the position of the object over smaller time intervals, we would see a smoother curve as indicated by the blue curve. The average velocity between two points $\left(x_{1}, t_{1}\right)$ and $\left(x_{2}, t_{2}\right)$ is given by the slope of the straight line connecting these two points.

Now consider the velocity versus time version of this graph shown in Figure 2. The average velocities intersect with the instantaneous velocities at the midpoint of the two time measurements. The average of two points is the midpoint of the two points. So when we take the average of $t_{2}$ and $t_{3}$, we find the time at the halfway point. Here we refer to this time as $t_{23}$. As shown in Figure 2, the instantaneous velocity and the calculated average velocity have the same value at this average time, $t_{23}$. This is why we use the average time and average velocity when calculating the acceleration.


Figure 2: Graph showing instantaneous and average velocities

## Kinematic Equations

The kinematic equations are derived from the definitions of average velocity and acceleration discussed above for a uniformly accelerating object. These equations provide a useful way to evaluate the motion of an object moving with constant acceleration. For one-dimensional motion, the kinematics equations are

$$
\begin{align*}
& v_{\mathrm{f}}=v_{\mathrm{i}}+a \Delta t  \tag{5}\\
& x_{\mathrm{f}}=x_{\mathrm{i}}+v_{\mathrm{i}} \Delta t+\frac{1}{2} a(\Delta t)^{2}  \tag{6}\\
& v_{\mathrm{f}}^{2}=v_{\mathrm{i}}^{2}+2 a \Delta x \tag{7}
\end{align*}
$$

where $v_{\mathrm{i}}$ and $v_{\mathrm{f}}$ are the initial and final velocities when the object is at positions $x_{\mathrm{i}}$ and $x_{\mathrm{f}}$ respectively, $\Delta \mathrm{t}$ is the elapsed time, and $a$ is the constant acceleration for this motion.

## Free Fall

With the object being released from rest, $v_{\mathrm{i}}=0$. The acceleration is equal to $g$ in the downward direction (defined as positive in the beginning of this discussion), and the total displacement is downward and equal to the height from which the object was dropped (assuming the object falls all the way to the ground). Making these substitutions into equation 6 yields the following form

$$
\begin{equation*}
h=\frac{1}{2} g(\Delta t)^{2} \tag{8}
\end{equation*}
$$

which is the equation that relates drop height to drop time and the acceleration due to gravity.

This is the equation that you will use most often during this lab.

## Derivation Using the Momentum Principle - 205M

For an object experiencing free fall, the only force acting on it is the force of gravity. (For this experiment we will neglact the force of air resistance.) Near the surface of the Earth, the force of gravity can be approximated, by $\mathbf{F}_{\text {Earth }}=\langle 0,-m g, 0\rangle$, where $g \approx 9.81 \mathrm{~m} / \mathrm{s}^{2}$.

Thus, from the momentum principle, we can determine the effects of this force.

$$
\begin{align*}
& \mathbf{p}_{\mathrm{f}}=\mathbf{p}_{\mathrm{i}}+\mathbf{F}_{\text {net }} \Delta t  \tag{9}\\
& \mathbf{p}_{\mathrm{f}}=\mathbf{p}_{\mathrm{i}}+\langle 0,-m g, 0\rangle \Delta t \tag{10}
\end{align*}
$$

From here we will consider only the $y$-components of the equations, as the other components have no net force. We will also replace $p$ with $m v$, taking $\gamma=1$ for the speeds the object will attain.

$$
\begin{equation*}
m v_{\mathrm{f}}=m v_{\mathrm{i}}-m g \Delta t \tag{11}
\end{equation*}
$$

Since the object's mass appears in every term, it can be cancelled out, leaving an equation that exactly matches equation 5 above when the acceleration is equal to $g$ in the downward direction.

$$
\begin{equation*}
v_{\mathrm{f}}=v_{\mathrm{i}}-g \Delta t \tag{12}
\end{equation*}
$$

Subtracting $v_{\mathrm{i}}$ from both sides of the equation yields

$$
\begin{equation*}
\frac{v_{\mathrm{f}}-v_{\mathrm{i}}}{2}=-\frac{1}{2} g \Delta t \tag{13}
\end{equation*}
$$

and we see that the left side is the definition of $v_{\text {ave }}$. Now consider the position update formula.

$$
\begin{equation*}
r_{\mathrm{f}}=r_{\mathrm{i}}+v_{\mathrm{ave}} \Delta t \tag{14}
\end{equation*}
$$

Since equation 13 showed that the average velocity can be expressed as $-\frac{1}{2} g \Delta t$, equation 14 can be rewritten with this substituted for $v_{\text {ave }}$. The total displacement $\Delta r$ is downward and equal to the height above the ground at which the object started (assuming the object falls all the way to the ground).

$$
\begin{align*}
& \Delta r=v_{\mathrm{ave}} \Delta t  \tag{15}\\
& -h=-\frac{1}{2} g t^{2}  \tag{16}\\
& h=\frac{1}{2} g t^{2} \tag{17}
\end{align*}
$$

This is identical to equation 8 , derived from kinematic principles.

This is the equation that you will use most often during this lab.

